


FALL SCHEDULE (FORT SASK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM	Adults Fundamentals		Adults Fundamentals				
10:30 AM						Family Class	
11:00 AM						Youth&Adults Fundamentals	
5:30 PM	LG	LG	LG	LG			
6:00 PM	Kids Fund Kids BJJ	Kids Fund Kids BJJ	Kids Fund Kids BJJ	Kids Fund Kids BJJ			
7:00 PM	BJJ Fund BJJ Int/Adv	BJJ Fund BJJ Int/Adv	BJJ Fund BJJ Int/Adv	BJJ Fund BJJ Int/Adv			
AGES Litte Grapplers: 4-6 Kids: 7-10 Youth: 11-14 Adult: 15+		Adult BJJ Int/Adv: 90 min Adult Fundamentals: 60 min Youth Fundamentals: 60 min Adult Judo Int/Adv: 60 min Youth Judo Int/Adv: 60 min Kids Fundamentals: 60 min Kids BJJ: 60 min Kids Judo: 60 min Little Grapplers: 30 min		 RODRIGO RESENDE JUDO BRAZILIAN JIU-JITSU 12942 St. Albert Trail NW, Edmonton (780) 960-1102 resendeacademy.com			