


AUGUST SCHEDULE (EDMONTON NORTH)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM	BJJ Fund BJJ Int/Adv		BJJ Fund BJJ Int/Adv				
10:30 AM						LG	LG
11:00 AM						BJJ Fund Kids Fund Kids BJJ Competition Class	BJJ Fund Kids Fund Kids BJJ
12:00 PM		BJJ Fund BJJ Int/Adv		BJJ Fund BJJ Int/Adv			
4:30 PM						 RODRIGO RESENDE JUDO BRAZILIAN JIU-JITSU 12942 St. Albert Trail NW, Edmonton (780) 960-1102 resendeacademy.com	
5:00 PM	LG		LG				
5:30 PM	Kids Fund Kids BJJ		Kids Fund Kids BJJ				
6:00 PM		LG		LG	Open Gym (5:00-8:00PM)		
6:30 PM	JUDO Kids JUDO Youth JUDO Adult	Kids Fund Kids BJJ BJJ Fund BJJ Int/Adv	JUDO Kids JUDO Youth JUDO Adult	Kids Fund Kids BJJ BJJ Fund BJJ Int/Adv	No Gi (6:00-7:00PM)	CLASS LENGTHS Adult BJJ Int/Adv: 90 min Adult Fundamentals: 60 min Youth Fundamentals: 60 min Adult Judo Int/Adv: 60 min Youth Judo Int/Adv: 60 min Kids Fundamentals: 60 min Kids BJJ: 60 min Kids Judo: 60 min Little Grapplers: 30 min	
7:00 PM					Open Gym (5:00-8:00PM)		
7:30 PM	BJJ Fund BJJ Int/Adv		BJJ Fund BJJ Int/Adv		Open Gym (5:00-8:00PM)		
						AGES Little Grapplers: 4-6 Kids: 7-10 Youth: 11-14 Adult: 15+	